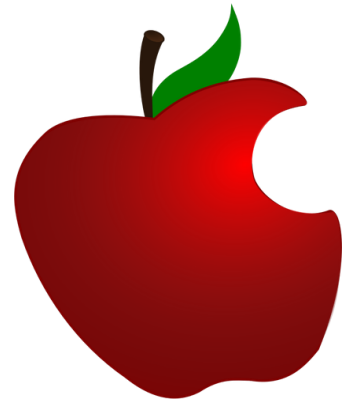


# Suggested Smart Snacks for Classroom Parties



- Snack cake squares without icing or topped with fruit and reduced-fat whipped topping
- Low Fat yogurt with fruit and granola topping
- Oatmeal raisin cookies and lowfat milk
- Fig bars
- Trail mix
- Low Fat milk
- Sugar-free pudding
- Baked chips and reduced-fat dip
- Fresh apple wedges and caramel dip
- Reduced-fat popcorn
- Whole grain crackers and cheese cubes
- Fresh-cut vegetables and reduced-fat ranch dip or salsa
- Small 100% juice
- Water

